

WOMEN'S ARMY SERVICE (AWAS)

Empowering the women
who courageously serve
Australia, dedicated in
the ongoing battle for
gender equality!



I SUPPORT THE GIRLS

WORKING MOM'S DAY



I SUPPORT THE GIRLS

I Support the Girls celebrates the moms who inspire us with their dedication and resilience everyday.



WOMAN
WOC **RUSH**
WEDNESDAY



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ALEXANDRIA OCASIO-CORTEZ

POLITICIAN

AOC is a politician who champions women's rights by advocating for policies such as equal pay, reproductive rights and affordable healthcare.



**"IT'S NOT JUST THAT I'M
A WOMAN OF COLOR
RUNNING FOR OFFICE. IT'S THE
WAY THAT I RAN. IT'S THE WAY THAT
MY IDENTITY FORMED MY METHODS."**

WOMAN WC CRUSH WEDNESDAY



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KIM PETRAS

SINGER

Petras is the first Trans artist to win a major category at the Grammy's. She is a symbol of empowerment and inspiration for the trans and non-binary community.

"I'M SCARED FOR THE TRANS COMMUNITY AND I JUST HOPE I CAN BE A PERSON THAT MAKES THEM FORGET ABOUT THOSE TROUBLES AND JUST MAKE THEM HAVE FUN FOR A LITTLE BIT."



WOMAN
W**C****RUSH**
W**EDNESDAY**

INDYA MOORE

ACTOR & MODEL

Moore is known for their role in "Pose." They advocated for visibility for non-binary individuals.



**"I WANT MORE PEOPLE TO
HEAR ME AND BE PART OF
THE CHANGE THAT EVERYONE
WOULD BENEFIT FROM."**



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GIRL POWER HOUR

HOW TO BE MORE CONFIDENT?

Make sure to set realistic goals! Break down larger goals into smaller, achievable tasks. Each success, no matter how small, contributes to building confidence.



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GIRL POWER HOUR

POSITIVE SELF-TALK

Positive self-talk is important! Challenge your negative thoughts and replace them with positive affirmations. Keep reminding yourself of your strengths and successes!



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GIRL POWER HOUR

UNISEX CLOTHINGS

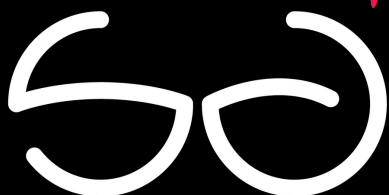
Explore unisex clothing options until you find something you feel comfortable in. You can DIY your clothes or thrift for more sustainable options.



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FEM FACT FRIDAY

As of August of 2023,
Approximately 2.6 million
Americans, identify as transgender.



FEM FACT FRIDAY

Elliot Page became the first openly trans man to appear on the cover of Time Magazine in 2021.



INTERNATIONAL WOMEN'S DAY

Take a moment to honor the special women in your life by sharing how they impacted you!



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INTERNATIONAL WOMEN'S DAY



On 113th International Women's Day, take a moment to appreciate the women in your life!



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INTERNATIONAL WOMEN'S DAY

There are women in need
all across the world, they
need YOUR help!



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TRANSGENDER DAY OF VISIBILITY

Today, we celebrate visibility.
Tomorrow, we continue the work to
ensure a world where every
transgender person can live
authentically.



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TRANSGENDER DAY OF VISIBILITY

We strive to bring attention to the rights and well-being of transgender individuals.



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